



## Member Charities & Organizations

*Disclaimer: Featured charities and organizations are not endorsed or sponsored by WIN-Pittsburgh, NAFE or Pomaybo, Inc. This is for promotional benefit only. It is your responsibility to conduct your own due diligence on any charity or organization that you choose participate volunteer or donate your time, money or other items.*



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*Women's Interactive Network*

*An Affiliate of the National Association for Female Executives*



**WIN-Pittsburgh**

*1151 Freeport Road, Suite 145, Pittsburgh, PA 15238 · Phone & Fax 412-963-6311 · winpitt.org*

### **Welcome Letter from the Executive Director**

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Welcome to WIN-Pittsburgh's guide to member charities and organizations.

WIN-Pittsburgh has long since had a history of giving back to the community, to its members and to charitable organizations. While our main focus when it comes to giving to charities, whether it be your time, money or items, has been directed towards Girls Hope, we recognize that this is a personal choice for our members. Many times, when we decide that we are committing to a particular charity it is because the mission of that organization has touched our lives and is near and dear to us on a personal level.

Whether it be a friend or family member that has been afflicted with cancer, whether we have a loved one serving our country, or for the continuing education of young people to give them opportunities in their future we have made a personal connection to support a particular group. We also understand that not all charities or opportunities to volunteer fit the interests of everyone in our organization.

With that being said, this is an opportunity for you to explore some of the charities that have touched the lives of other women in Pittsburgh. We hope that through this that you will find a charity worthy of your time!

Sincerely,

Dawn Pomaybo Butson  
Executive Director  
WIN-Pittsburgh

## THE ESSENTIALS.

Church groups, corporations and individuals often ask how they can provide the Girls Hope scholars with essentials and basic supplies. Below is a brief list of items that serve to support our scholars, which we greatly appreciate receiving from friends and supporters.

### PAPER PRODUCTS

- Toilet Paper
- Paper Towels
- Napkins
- Paper Lunch Bags
- Tissues
- Cotton Balls
- Cotton Swabs
- Plastic Storage Bags:  
Sandwich, Quart, Gallon and Freezer

### PANTRY ITEMS

- Canned Goods and Soups
- Microwave Popcorn
- Low-Sugar Cereals & Instant Oatmeal
- Ramen Noodles
- Condiments
- Salad Dressing
- Pasta and Sauces
- Healthy Snacks
- Natural Fruit Juices
- Boxed Side Dishes

### MISCELLANEOUS ITEMS

- Bath Towels & Washcloths
- Mattress and Box-Spring Covers (Single)
- Shower Curtain Liners
- Target Gift Cards
- Gasoline Gift Cards (Sheetz/BP)
- JCPenny Gift Cards
- Online Donations to Support Scholar Needs  
(visit [www.girlshope.org](http://www.girlshope.org))

### SHAMPOO & CONDITIONER BRANDS

- Pantene
- Pantene for People of Color
- Olive Oil Brand
- Motions Brand

### OTHER PERSONALS

- Clinical Strength Deodorant
- Secret or Degree Deodorant
- Elastic Hair Ties and Hair Pins
- Disposable Razors & Shaving Cream

**Girls Hope of Pittsburgh, Inc.**  
1020 State Street  
Baden, PA 15005-1338  
Contact: Jen Heid, Program Director  
Phone: 724.869.6575  
[www.girlshope.org](http://www.girlshope.org)



## Share Your Talents and Make a Difference

Volunteers who share their time and talents with Girls Hope scholars are instrumental in helping to maintain the supportive, nurturing environment the scholars need to reach their full potential.

Our volunteers contribute in a number of ways that are flexible and accommodating to busy schedules.

### TRANSPORTATION

Volunteers assisting with transportation get the scholars where they need to go. Transportation volunteers can serve as strong role models even while driving scholars to soccer games, lessons, rehearsals, etc.

### DINNER HELPERS

Opportunities for dinner helpers include:

- Bringing a premade or purchased meal, and joining the scholars for a family style meal.
- Arriving early to engage the scholars in helping to prepare a meal. Stay to enjoy it, too!
- Purchasing or preparing a meal in advance and dropping it off at either our Baden or Coraopolis scholar house is a flexible option for those who may not be ready to obtain required clearances for volunteering within the home.

### MENTORING

Our mentoring program supports positive, structured one-on-one relationships that pair a young person with a caring individual who offers trust, guidance and encouragement. Mentors and scholars meet for a minimum of 4 hours per month and aim to have fun while making positive choices. (A 12-month commitment is preferred.)

### DAY OF CARING PROJECTS

Days of Caring help to keep our scholar homes safe and comfortable. Depending upon the season, projects may range from cleaning, painting, organizing, landscaping or household repairs.

### SUBJECT TUTORING

Girls Hope is education focused with the long-term goal of seeing our scholars succeed and graduate from college. We welcome volunteers who enjoy helping students excel in their studies. We have opportunities for foreign language (often Spanish), general and subject-specific tutoring.

### TALENT SHARING

Consider sharing your talents and interests with the scholars! Whether you're a fitness guru, board game enthusiast, dietician or artist, we welcome special presentations and hobby sharing.

### BECOMING A VOLUNTEER

Because our scholars have been entrusted to our care by their parents/guardians, Girls Hope carefully screens all community volunteers who have direct contact with our scholars. Criminal background checks and clearances are required.

CONTACT OUR AMERICORPS VOLUNTEER COORDINATOR AT 724.869.6521 OR SMCVEIGH@BHG.ORG TO DISCUSS HOW YOU CAN GET INVOLVED AND MAKE A DIFFERENCE!



*Help us share the good news about Girls Hope by inviting us to speak to your church group, professional organization, employees or any group that would like to learn more about helping young women succeed.*



Girls Hope of Pittsburgh, Inc.  
1020 State Street  
Baden, PA 15005-1338  
Main: 724.869.2868  
www.girlshope.org



### **YOU Can Help Hair Peace Charities!**

Bonny Diver is a name familiar to Pittsburghers as a radio voice for over 20 years on KDKA, 3WS and many more. When she was diagnosed with breast cancer in 2003, she shared her story with her listeners. Then after beating cancer, Bonny stepped up to fill a need for other cancer patients with Hair Peace Charities. She founded this unique nonprofit to raise funds to buy wigs for women undergoing chemotherapy in the Western PA area. Most Pennsylvania health insurance companies do not cover this necessary expense at a time when a patient's funds run low with co-pays, deductibles and unpaid sick days. Hair Peace has helped over 400 women buy wigs. In Bonny's words: "Losing your hair feels like another victory for cancer."

Learn more at [www.hairpeace.org](http://www.hairpeace.org) and sign up for the Hair Peace e-newsletter to receive info on our Women's Empowerment Circle - open to all women, we have speakers presenting healthy options.

**Donate:** \$175 helps another woman in the fight over cancer. \$150 is given to the wig salon they choose and \$25 is for a booklet mailed to them with information on nutrition, vitamins, exercise and attitude. You can make a donation "In Memory" of someone you have lost or "In Honor" of someone who has beat cancer. You can also honor a friend on his/her birthday or anniversary! Any amount is greatly appreciated and all donations are confirmed for tax purposes.

**Support Hair Peace Events:** Recipe For Hope coming in February with 16 celebrities in aprons from TV, radio, print and sports serving their homemade kitchen favorites. There's also wine tasting, live music and auctions. You can donate to the silent auction, be a sponsor and/or buy tickets!

Hair Peace/Highmark Walk For A Healthy Community in May. Join us as a sponsor or walker (or both!) as we walk at Heinz Field to raise money.

Make Your Own Special Event . Hold a "Dress Down, Blue Jeans or Hat Day" at work to raise money. Or, hold a School or a Neighborhood Carnival to involve kids in supporting this worthy cause.

**Hair Peace Credit Card:** Visa donates \$50 to Hair Peace for each person who is approved for the Hair Peace Visa, plus they donate 3% of all monthly card purchases!

**Viridian Green Energy:** Save Money, Go Green , with the best green energy rate and a product that well exceeds the green energy standards. Learn More » Hair Peace receives \$2 a month for every meter that is switched, so tell everyone you know! No enrollment fee, cancel at any time.

**Knit or Quilt:** Lap-size Prayer Shawls or Prayer Quilts are needed - 36 inches x 24 inches in size - for our Hair Peace patients to use at chemo sessions to stay warm. These shawls/quilts provide a constant reminder of our group's prayers for God to cover them with peace.

[www.hairpeace.org](http://www.hairpeace.org)



## **Military Connections Corporation**

312 Auburn Street  
Pittsburgh, PA 15235

[www.militaryconnections.org](http://www.militaryconnections.org)  
[militaryconnections@hotmail.com](mailto:militaryconnections@hotmail.com)

### **Care Package Wish List for Soldiers and Marines**

Granola Bars  
Small Canned Goods With Pop-Top Lids  
Mints And Gum  
Pop-Tarts  
Individual Boxes Of Cereal  
Lollipops  
Power Bars  
Single Serve Kool-Aid Singles  
Single Serve Powdered Gatorade  
Individual Bags Of Snacks, Pretzels, Chips  
Individual Bags Of Cookies  
Individual Bags Of Crackers  
Batteries AA or AAA  
Playing Cards  
Slim Jims  
Beef Jerky  
AT&T Calling Cards  
White Athletic Socks  
Chapstick  
Razors  
Sunblock  
Toothbrushes  
Toothpaste

**Check Out Our Website For Volunteer Activities**

*Until The Last One Comes Home*



## **Mission Statement**

The History Center is an educational institution that engages and inspires a large and diverse audience with links to the past, understanding in the present, and guidance for the future by preserving regional history and presenting the American experience with a Western Pennsylvania connection.

This work is accomplished in partnership with others through archaeology, archives, artifact collections, conservation, educational programs, exhibitions, library, museums, performance, publications, research, technical assistance, and increasingly through broadcast media and the internet.

## **Volunteer**

Volunteers are needed at all three of our sites: Our main facility, the Senator John Heinz History Center; Smithsonian Affiliate and home of the Western Pennsylvania Sports Museum, at 1212 Smallman Street in the Strip District; the Fort Pitt Museum in Point State Park in downtown Pittsburgh, and the Meadowcroft Rockshelter & Historic Village in Avella, Pennsylvania.

### **Volunteers are needed to serve in the following way:**

- Concierge Program - provide customer service and information at the Admissions Desk and Museum Shop as well as serve as hosts for special events
- Docent Program – serve as tour guides for school programs and adult groups
- Ambassador Program – serve in developing and delivering topics to the community at large through public-speaking outreaches
- Library and Archives Program – serve as assistants to librarians and archivists
  - o Catalogue and inventory processes
  - o Archival and reference procedures
  - o Oral history and diary transcription preparations
- Collections Program – assist artifact handlers both in inventory, preservation, storage, and exhibit display
- Administrative Support – serve to assist any museum division with clerical and office duties, including data entry and report generation

### **The History Center offers the following benefits to volunteers:**

- Free parking at the Boardwalk Parking Lot at 15th and Smallman Streets
- 20% discount at the History Center Museum Shop
- 10% discount at MixStirs Cafe located in the History Center's Great Hall
- Unique learning, enrichment, and networking opportunities
- Seasonal gatherings and field trips
- Annual complimentary entrance for a group of 15 upon completion of 100 hours

Please contact the Volunteer Program Director Sandra Baker for details at **412-454-6412** or [slbaker@heinzhistorycenter.org](mailto:slbaker@heinzhistorycenter.org).